9/8/16 TOWN HALL:
PAYER CMO’S TOGETHER
GCMS RESOLUTION
PASSES AMA
SURGEON GENERAL
VISITS AGAIN
Musculoskeletal Ultrasound (MSK or MSK US) is a safe scanning technology that uses sound waves to create an image of tendons, ligaments, joints, and muscles throughout the body. It is used to diagnose ligament sprains & tears, tendon tears, tendonitis of the rotator cuff, Achilles tendon, inflammation of fluid within the bursae or joints, ganglion cysts, benign or malignant soft tissue conditions or tumors, hernias, early changes in rheumatoid arthritis, carpal tunnel syndrome, and foreign bodies (ex. splinters or glass).

Additional Benefits to Your Patients
- No radiation exposure.
- Avoids claustrophobia issues associated with some MRI machines.
- Safe for children.
- Pacemaker- and defibrillator safe.
- Less expensive than CT & MRI.
- No prior authorization required.

Note: If something is found with the exam, you then have clinical documentation supporting the necessity for further testing - enabling you to obtain prior authorization.

Patellar and Quadriceps tendons: injuries in the knee or chronic conditions

Elbow tendons and ligaments: the infamous “tennis elbow” or overuse of arm, forearm, & hand muscle

Carpal tunnel: numbness and tingling in the hand & fingers

Finger and hand tendons and ligaments: traumatic injuries or arthritis

Patellar and Quadriceps tendons: injuries in the knee or chronic conditions

Rotator cuff, biceps tendon: shoulder and arm injuries or chronic pain

Trochanteric bursitis: pain in the hip & upper thigh muscles

Foot and ankle tendons and ligaments: sprained, twisted ankle or chronic ankle pain

Achilles tendon: pain in back of the calf, common with athletes

Plantar fascia: heel pain, common in runners
Our Vision
That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission
The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE
The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN
Published by the Genesee County Medical Society Publication Office
4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532
Phone (810) 733-6260 Fax (810) 230-3737

By subscription $60 per year. Member subscription included with Society dues. Contributions to THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.
FLINT IS ON THE MAP

As the summer winds down and fall approaches, I am on a long overdue vacation in Italy reconnecting with family, reenergizing and regaining perspective. Being out of the country also allows a greater appreciation for what we, as Americans, enjoy every day.

My family is from a small mountain town of about 1,000 people. It’s a much simpler life. Yes, we have electricity and indoor plumbing! The water comes from melting snow accumulated from the previous winter on the mountain and gets turned off between midnight and about 6 am every night to conserve. People know, prepare and get by.

It would be understandable that my mind would wander to the water crisis Flint has been battling. What was unexpected was that in spite of all the hatred, terrorism and attacks in the news, the Flint water crisis was the topic of conversation among family and friends in this seemingly most unlikely of places. “How can this happen in America?” I’m asked. I go into long complicated answers… Everyone now knows where Flint is on the map of the mitten.

Simple things. Water. It is taken for granted when it’s available. It is life-threatening when it’s not, or when it is dangerous.

GCMS came under tremendous fire and pressure after publishing its recent recommendations regarding filtering and use of the Flint Municipal Water System. Many believed that GCMS was contradicting government recommendations. Several of us gave numerous interviews on various media, explaining that our recommendations were based on patient safety above all else. I probably don’t need to tell you that based on recent testing again finding high lead levels, the GCMS recommendations now seem prophetic. They were the most appropriate and, most importantly, the safest for the people of Flint.

Is this a victory? No. I don’t gloat in being right or the “I told you so.” My sadness deepens because the greatly touted progress now seems to have further undermined trust between the public and each of the levels of government.

Thousands of miles away from home I know that I can count on something that Flint, Michigan, USA, can’t: safe water.

Please direct patients to flintcares.com for the latest information regarding Flint water issues

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

POTTER & ROOSE INSURANCE

810-767-8590

Providers of insurance for the GCMS & its members for 50 years.

906 Mott Foundation Bld., Flint MI 48502
The physicians and practice managers of Genesee County are unlikely to have seen such an assembly of insurance company chief medical officer’s in one place. Everyone should come to this meeting to hear what is coming, and to have an opportunity to dialogue with them. Whether you are in an ACO, PO, or you have other affiliation such as hospital employee, etc, this is not a meeting to miss! Please invite other physicians and practice managers to this meeting!

Presenters:

Naim Munir, MD  
Senior Vice President and Chief Medical Officer  
Health Alliance Plan

James Forshee, MD  
Chief Medical Officer  
Molina

Kathleen Kudray, DO  
Chief Medical Officer  
McLaren Health Plan

Marc Keshishian, MD  
Senior Vice President and Chief Medical Officer,  
Blue Care Network

Thomas Simmer, MD  
Senior Vice President and Chief Medical Officer,  
Blue Cross Blue Shield of Michigan

Meeting Location:

Flint Golf Club  
3100 Lakewood Drive  
Flint, MI 48507

Evening Schedule:

6 pm, Registration & Social Hour  
6:30 pm, Dinner  
7 pm, Meeting  
7:15 pm, Presentations

RSVP’s requested by August 31, 2016

Please mail your reservation payment to:  
Genesee County Medical Society  
4438 Oak Bridge Drive, Suite B  
Flint, MI 48532

Genesee County Medical Society Quarterly Dinner Business Meeting  
September 8, 2016  
A Medical Community Town Hall Meeting  
What is New – The Payer's Perspective,  
What it Means to Physicians

GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!

$40.00 - GCMS Members, Spouses, Practice Managers, & Staff  
$40.00 - Genesee County Osteopathic Association Physician Members & Spouses  
$25.00 - Residents & Students  
$50.00 - All Non-Member Guests

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.
EXECUTIVE DIRECTOR’S MESSAGE

SUMMERS ARE GREAT!

Summers are great. This one has been wonderful from a family perspective and organizationally. Just a few weeks ago, we were asked to convene a meeting for the US Surgeon General, who asked to speak to health professionals about the future federal role in the Flint Water Crisis. Over 200 persons were in attendance. The Medical Society Board of Directors put together a press release advising high-risk patients to continue to drink bottled water. It must have been effective because community members were very appreciative of the Medical Society’s concern.

We have held some fascinating practice manager’s meetings. Most recently, the session entitled Alphabet Soup covered everything that you could imagine for practice in one day.

On Sept. 8 we will host an exciting Town Hall Dinner Meeting that will feature the chief medical officers of all of the key insurance companies. Where else can you have access like this? They want to hear from you in addition to giving you updated information. Please take advantage of this. It is a tremendous opportunity to help your own practice. Very few of our members accept no insurances. This is not a meeting to miss. Please bring your practice managers, other members and nonmembers!

Banking Services for Educational and Healthcare Employees and Their Families!

Our members provide high quality educational services and exceptional healthcare to our community. We help them keep more of their hard earned money! As a member of FASECU you can expect:

- No monthly account fees.
- Personalized service.
- Low fixed interest rate loans for any purpose.
- Refinance options for your current loans to lower your interest rate or payment, or to consolidate high interest rate debt.
- Access to a nationwide network of 30,000 surcharge free ATMs.
- Online banking and mobile banking (app for smartphone and tablet).

Opening an account is easy!

Call a Member Services Representative at: 
(800) 369-2786, (810) 720-8300 or (810) 664-5351

Open your account online at: www.fasecu.org

Visit one of our offices:

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<td>4411 Calkins Rd. Flint, MI 48532</td>
<td>5399 E. Court St. N. Burton, MI 48509</td>
<td>1005 University Ave. Flint, MI 48504</td>
<td>3400 Regency Park Dr. Grand Blanc, MI 48439</td>
<td>168 N. Saginaw St. Lapeer, MI 48446</td>
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 Registered Federal Credit Union 
 Federally Insured by NCUA
The Medical Society Foundation is engaged in a capital campaign. With a goal of $2 million, the purpose of the campaign is to raise funds for the Foundation to use in support of the Genesee County Medical Society’s charitable and public health related activities. We are seeking major gifts, and smaller ones too. Appreciated stock, IRA disbursements, and cash donations are all accepted with pleasure. The funds will go to the best of all uses. Examples of the types of activities that the funds have supported include the Genesee County Medical Society’s efforts on behalf of a safer Flint water supply, human trafficking advocacy and education, and support of end-of-life, fitness and community health initiatives.

Please do not hesitate to contact Pete Levine for more information at 810-733-9925 or plevine@gcms.org.

Sincerely yours,

Allen F. Turcke, MD
President
Medical Society Foundation
Deborah Duncan, MD
Immediate Past President
Genesee County Medical Society
Pino Colone, MD
President
Genesee County Medical Society
The Genesee County Health Dept. has informed us regarding the handling of legionella samples. Please see below:

The clinical samples that would have been sent to the state BOL should now be forwarded directly to the CDC for testing, again for those samples with a positive urine antigen test. If you have any questions, please contact me.

Here are the shipping instructions:

On this page is a link to a form that will need to be completed:

Questions can be directed to:
legionellalab@cdc.gov or to Brian Raphael, head of CDC Legionella lab (404.639.4292)

Thank you.
Suzanne Cupal, M.P.H.
Public Health Division Director | Genesee County Health Department
630 S. Saginaw Street | Suite 4
Flint, MI 48502 | (810) 768-7970
scupal@gchd.us
MORE INSIGHT

helps you make the most of your practice’s revenue cycle.

KNOW YOU HAVE A DEDICATED BANKER WHO UNDERSTANDS YOUR INDUSTRY AND YOUR NEEDS.

As a healthcare professional, you want to spend more time helping patients and less time worrying about your finances. With dedicated Healthcare Business Bankers, PNC provides tools and guidance to help you get more from your practice. The PNC Advantage for Healthcare Professionals helps physicians handle a range of cash flow challenges including insurance payments, equipment purchases, and managing receivables and payables. In such a fast-moving business, PNC understands how important it is to have a trusted advisor with deep industry knowledge, dedication and a lasting commitment.

Call a Healthcare Business Banker at 877-566-1355 or go to pnc.com/hcp professionals

Cash Flow Optimized is a service mark of The PNC Financial Services Group, Inc. ("PNC"). Banking and lending products and services, bank deposit products, and treasury management services, including, but not limited to, services for healthcare providers and payers, are provided by PNC Bank, National Association, a wholly owned subsidiary of PNC and Member FDIC. Lending and leasing products and services, including card services and merchant services, as well as certain other banking products and services, may require credit approval. All loans and lines of credit are subject to credit approval and require automatic payment deduction from a PNC Bank business checking account. Origination and annual fees may apply. ©2016 The PNC Financial Services Group, Inc. All rights reserved. PNC Bank, National Association, Member FDIC.
On July 20th, the GCMS Legislative Liaison Committee met with Congressman Dan Kildee and his staff member Gary Jones, to discuss a variety of issues. Physicians present included Drs. Cathy Blight, Paul Lazar, Venkat Rao, Larry Reynolds, Jim Forshee, as well as Gary Paavola, Michigan Vascular Center practice manager. GCMS staff, Peter Levine, Sherry Smith and Justin Kimber were also present.

Congressman Kildee noted that Congress is dealing with a lot of issues. He noted the pressure that members of Congress are under to expand scope of practice for nurse practitioners and nurse anesthetists. The Committee discussed the difference between nurse training and that of physicians.

Congressman Kildee also noted that pharmacists are soliciting Congress for an expansion of their scope of practice.

Congressman Kildee noted his pessimism about Washington’s ability to engage in productive bipartisanship. The lack of Flint Water Crisis funding is an example of the gridlock. He stated that there needs to be a long-term, deeper commitment to Flint at the federal level and at the state level. He asked the Medical Society to seek Republicans in Michigan to support congressional cooperation on the Flint Water Crisis funding issue.

It was also noted that mental health funding is not very good. Mr. Kildee spoke at length about the environment of austerity that has been evident in government for the past decade or longer. He said the Flint Water Crisis is a prime example of the results of austerity.

The next meeting of the Legislative Liaison Committee will take place on October 3, 2016.
UNDER THE BIG TOP

Annual President's Ball
A Family Affair

Please Note the Date Change

November 19, 2016
Save the Date!

2016 Hospice Teleconference

“Managing Conflict, Finding Meaning – Supporting Families at Life’s End”

When: October 18, 2016

Time: 8:00 a.m. Registration
8:30 a.m.-12:30 p.m. Program

**Full breakfast to be provided**

Where: Genesys Conference & Banquet Center
Grand Blanc, MI

*Please look for your FORMAL invitation with registration information in September! CEU’s available.*

Sponsored by:
Heartland Hospice, Kindred Hospice,
McLaren Hospice, Reverence Hospice, Brown Funeral Home,
Hill Funeral Home and Reigle Funeral Home
U.S. SURGEON GENERAL VISITS FLINT

In early August, the Genesee County Medical Society was asked to convene a meeting of health care providers to meet with US Surgeon General Vivek Murthy, MD, MBA. This was the second meeting between our members and Dr. Murthy. The purpose of this session was to discuss the end of the emergency declaration by the federal government and explain how the federal effort would continue to support the community as a result of the Flint Water Crisis. Over 200 were in attendance on Aug. 18. Several students and residents, as well as attending physicians, asked probing questions after his presentation. He was extremely complementary of this Medical Society and our medical community for its ongoing demand for patient safety and for keeping the public aware of the information that they need.
I. Call to Order
The meeting was called to order at 6:00pm, by Pino Colone, MD, President, in the Rapport Conference Room

II. Review of Minutes
Motion: that the minutes of May 24, 2016, Board of Directors meeting be approved as presented. The motion carried.

III. Reports
A) Community & Environmental Health Report
Motion: that the Committee move forward with a study on adult treatment of lead using chelation. The motion carried.

Motion: that the Genesee County Medical Society press release in response to federal announcements of last Thursday be approved as presented. The motion carried.

B) Finance
Motion: that the Budget-to-Actual report for the period ending May 31, 2016 be approved as presented. The motion carried.

Motion: that at the August Board meeting, the Board will consider dropping quarterly General Membership Dinner Business Meetings. The motion carried.

Motion: that the February Dinner Business Meeting revolve around MACRA. The motion carried.

Directive: staff was directed to email a save-the-date notice for the dinner business meeting meeting.

C) Membership
The Board reviewed a list of 2016 NPDs.

Dr. Colone reported that Dr. David Taylor, a podiatrist from Community Group has joined as an associate member.

D) Legislative Liaison Report
Dr. Cathy Blight reported that the June Legislative Liaison Committee meeting involved conversations with Representative Phil Phelps as well as staff from Congressman Kildee and Representative Faris’ office. Discussions revolved around graduate medical education, MAPS, Medicaid funding, scope, and the July 20th Washington Update. Dr. Blight invited everyone to the June 20th, Washington Update.
E) Greater Flint Health Coalition
Dr. John Waters reviewed the State Innovation Model grant which the Health Coalition has received. He noted that it is a project that will provide resources to physicians' offices and help them with population based health.

F) Presidents' Report
Dr. Pino Colone reported that the September 8th General Membership Dinner Business meeting will be revolving around “What’s New: the Payers Perspective - What it Means to Physicians.”

G) AMA Update
Dr. Cathy Blight reported that Dr. Pino Colone has been elected to an AMA council. Dr. Bobby Mukkamala is running for the AMA Board of Directors. Dr. Venkat Rao did a great job on the GCMS resolutions.

IV. Adjournment
No further business appearing, the meeting was adjourned at 7:30pm.

Respectfully submitted,

Peter Levine, MPH
Executive Director
The physicians and practice managers of Genesee County are unlikely to have seen such an assembly of insurance company chief medical officer's in one place. Everyone should come to this meeting to hear what is coming, and to have an opportunity to dialogue with them. Whether you are in an ACO, PO, or you have other affiliation such as hospital employee, etc, this is not a meeting to miss! Please invite other physicians and practice managers to this meeting!

Meeting Location:
Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507

Evening Schedule:
6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

RSVP's requested by August 31, 2016

Please mail your reservation payment to:
Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

Presenters:
Naim Munir, MD
Senior Vice President and Chief Medical Officer
Health Alliance Plan

James Forshee, MD
Chief Medical Officer
Molina

Kathleen Kudray, DO
Chief Medical Officer
McLaren Health Plan

Marc Keshishian, MD
Senior Vice President and Chief Medical Officer,
Blue Care Network

Thomas Simmer, MD
Senior Vice President and Chief Medical Officer,
Blue Cross Blue Shield of Michigan

GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!

$40.00 - GCMS Members, Spouses, Practice Managers, & Staff
$40.00 - Genesee County Osteopathic Association Physician Members & Spouses
$25.00 - Residents & Students
$50.00 - All Non-Member Guests

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.
AMA RESOLUTION 409: SAFE DRINKING WATER

HOUSE ACTION: ALTERNATIVE RESOLUTION 409 ADOPTED AS Follows IN LIEU OF RESOLUTIONS 409, 413, 414, 415 AND 416
See Policy H-135.928
SAFE DRINKING WATER

RESOLVED, That our AMA supports updates to the U.S. Environmental Protection Agency’s Lead and Copper Rule as well as other state and federal laws to eliminate exposure to lead through drinking water by:
1. Removing, in a timely manner, lead service lines and other leaded plumbing materials that come into contact with drinking water;
2. Requiring public water systems to establish a mechanism for consumers to access information on lead service line locations;
3. Informing consumers about the health-risks of partial lead service line replacement;
4. Requiring the inclusion of schools, licensed daycare and health care settings among the sites routinely tested by municipal water quality assurance systems;
5. Improving public access to testing data on water lead levels by requiring testing results from public water systems to be posted on a publicly available website in a reasonable timeframe thereby allowing consumers to take precautions to protect their health;
6. Establishing more robust and frequent public education efforts and outreach to consumers that have lead service lines, including vulnerable populations;
7. Requiring public water systems to notify public health agencies and health care providers when local water samples test above the action level for lead; and
8. Seeking to shorten and streamline the compliance deadline requirements in the Safe Drinking Water Act.

Meet the health needs of Genesee County’s children

Child & Adolescent Psychiatry
- Medication Management
- Psychiatric Consultation
- Behavioral Health Counseling, Screening, Support Groups
- Prevention Activities

Child & Adolescent Health
- Pediatrics
- School-Based Clinics
- Audiology
- Nutrition Education
- Teen Wellness Center

Child & Adolescent Dentistry
- Dental Exams & Preventive Care
- Dental Treatment & Restorations
- School Screening and Sealant Program
- Infant & Toddler Oral Health Care

Services provided at no cost to low income families living in Genesee County

Mott Children’s Health Center
806 Tuuri Place
Flint, Michigan 48503
(810) 767-5750
www.mottchc.org
Dear Potential Sponsor,

The purpose of this letter is to provide you with an opportunity to sponsor the Genesee County Medical Society and Genesee County Medical Society Alliance Presidents’ Ball.

The Presidents’ Ball is held annually to celebrate the past and current leaders of both organizations. It is always an exciting and enjoyable evening for all who attend. The theme for the Ball this year is “Under the Big Top – a Family Affair”. The Ball Committee anticipates approximately 150 people or more will attend this black tie optional event. It will be held on Saturday, November 19, 2016, at Genesys Conference & Banquet Center, in honor of Dr. Pino D. Colone, GCMS President.

Along with this letter, you will find a list of sponsorship levels which might interest you. This event will provide you and your organization’s key designees an opportunity to participate in a relaxed event with many physicians and their spouses, along with other key professionals from our community. And you are sure to have a lovely time!

Please let us know of your desire to participate at your earliest convenience. You may contact Sherry Smith, Executive Secretary at (810) 733-9923 or ssmith@gcms.org.

Thank you for your time and for your consideration of this sponsorship opportunity.

Peter A. Levine, MPH
Executive Director
UNDER THE BIG TOP – A FAMILY AFFAIR

GCMS/GCMSA

2016 PRESIDENTS BALL SPONSORSHIP LEVELS

SATURDAY, NOVEMBER 19, 2016

GENESYS CONFERENCE & BANQUET CENTER

801 HEALTH PARK BOULEVARD, GRAND BLANC, MI 48439

- Valet Parking Available
- Relaxed Business Attire Welcomed
- Black Tie Optional

RING MASTER - $20,000 Level
Includes Four Tables of 8 (32 seats), Three Full-Page Ads* in January, February, and March 2017 GCMS Bulletins, a link to your website from each ad, special mention in advertising and promotions relating to the Presidents’ Ball, gracious acknowledgement in the event program and at the podium, and two sponsorships of GCMS Dinner Business Meetings.

LION TAMER - $10,000 Level
Includes Two Tables of 8 (16 seats), One Full-Page Ad* in the January 2017 GCMS Bulletin, a link to your website from your ad, special mention in advertising and promotions relating to the Presidents’ Ball, acknowledgement in the event program and at the podium, and a sponsorship of a Dinner Business Meeting.

HUMAN CANNONBALL - $5,000 Level
Includes seating at one table of 8, One Full-Page Ad* in the January 2017 GCMS Bulletin, a link to your website from your ad, special mention in advertising and promotions relating to the Presidents’ Ball, and acknowledgement in the event program and at the podium.

ACROBAT - $2,500 Level
Includes seating for 6, One Half-Page Ad* in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents’ Ball, and acknowledgement in the event program and at the podium.

JUGGLER - $1,500 Level
Includes seating for 4, One Quarter-Page Ad* in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents’ Ball, and acknowledgement in the event program and at the podium.

DANCING BEAR - $750 Level
Includes seating for 2, Business Card Size Ad* in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents’ Ball, and acknowledgement in the event program and at the podium.

MIME - $500 Level
Includes seating for 2, special mention in advertising and promotions relating to the Presidents’ Ball, and acknowledgement in the event program and at the podium.

*GCMS will place ads at its discretion upgrading to premium placement if possible.
Issues of Serious Concern for Medical Practices!

*Don’t let your practice manager miss these important meetings!*

Held 4th Thursday of each month from 8am to 10am.

The following topics are tentatively scheduled and subject to change

**September Topic:**

**Medicaid Drug Formulary: Follow-up with Plans**
McLaren Health Plan, Teresa DuFresne, Director of Pharm. Svcs.
Molina Healthcare, Jennifer Walters, Director of Pharm. Svcs.
Michigan State Medical Society, Stacie Saylor, Reimbursement Advocate

**October Topic:**

**MACRA**
Ronald Rybar, Principal, Rybar & Associates
Stacey Hettiger, Director, Medical & Regulatory Policy, MSMS

Light breakfast available – coffee, tea, yogurt, fruit cups and granola bars

Genesee County Medical Society | Rapport Conference Room
4438 Oak Bridge Drive, Suite B | Flint, MI 48532
UNDER THE BIG TOP

Annual President's Ball
A Family Affair

Please Note the Date Change

November 19, 2016
FREE! Commit to Fit! Class Schedule

Commit to Fit offers fitness classes at **no cost** to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

**Click HERE to Access the Nutrition Education & Resources Calendar**

### SEPTEMBER 2016 CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>Hasselbring Senior Center 9:00 a.m.</td>
<td>Flint Farmers’ Market 10:00 a.m.</td>
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<td>YMCA Downtown 10:00 a.m.</td>
<td>Faith United Methodist Church 12:30-1:30pm</td>
<td>GAC 5:30 p.m.</td>
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<td>Triumph/North Star(MBC) 6-7pm</td>
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<td>Senior Stretch</td>
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<td>Zumba Gold (Beginner)</td>
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<td>YMCA Downtown 10:00 a.m.</td>
<td>Faith United Methodist Church 12:30-1:30pm</td>
<td>GAC 5:30 p.m.</td>
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<td>Triumph/North Star(MBC) 6-7pm</td>
<td>Flint Farmers’ Market 10:00 a.m.</td>
<td>Faith United Methodist Church 12:30-1:30pm</td>
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<td>Fit Club at the Local 5:30 p.m.</td>
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<td><strong>SEPTEMBER 2016</strong></td>
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FREE! Commit to Fit! Class Schedule

Class Descriptions & Locations

Basic Yoga (1 hour)
This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

Insight Health & Fitness Center (IHFC)
Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489

Yogalates Barres & Balls – A well rounded class for all levels that combines the elements of Yoga, Pilates, Ballet, strength, and cardiovascular conditioning.
Friday’s 5:30-6:30pm in ADR.
September 16-December 16, 2016.

Aquafitness- An invigorating water workout. Ideal for all fitness levels. No swimming required

Insight Health & Fitness Center (IHFC)
Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489

Zumba Gold (1 hour) - A less intense version of the classic Zumba. This class offers fun music to keep the excitement high while keeping the impact low.

GeneSys Athletic Club (GAC)
801 Health Park Blvd
Grand Blanc, MI 48439
(810) 606-7300

Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

TIMES & LOCATIONS:
Hasselbring Senior Center
1002 Home Ave. Flint, MI 48504
(810) 766-7128 Mon, Weds, & Fri 9-10 am

Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

Faith United Methodist Church
2266 Coldwater Rd Flint, MI
Tuesdays and Thursdays
12:30-1:30 pm

Triumph/North Star (MBC) 1657 Broadway Blvd Flint, MI
Mondays- 6:00-7:00pm &
Thursdays 5:30-6:30 pm

Flint Farmers’ Market- Tuesdays &
Thursdays 10:00-11:00 am
300 E. First St Flint, MI 48502
(810) 232-1399

Senior Stretch (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

Fit Club Workouts (45 minutes) – Join the Fit Club every Tuesday at 5:30 pm for fun boot camp style workout videos. All ages are encouraged to attend! Check out their Facebook page for up-to-date information!

The Flint Local 432
124 W. 1st Street Flint, MI 48503 (810) 813-4000

Questions?
Email commit2fit@flint.org

YMCA Downtown Flint
411 E. 3rd Street
Flint, MI 48503
(810) 232-9622
Young physicians - are you looking for interchange with your legislators?

Seasoned physicians - would you like to help bring GCMS and MSMS positions to the forefront?

Become involved in the GCMS Legislative Liaison Committee!

Be a part of an elite group of communicators who meet with our elected officials.

You are invited to engage in conversation with your legislators on the first Monday of each month at 8:00am in the Rapport Conference Room at the GCMS office.

You may contact Pete Levine at plevine@gcms.org or call 810.733.9925, if you would like to participate.

This is a valuable opportunity; don’t let it go to waste!

NEXT MEETING DATE: OCTOBER 3
• GCMS convened second health care community meeting with the US Surgeon General

• GCMS provided practice managers meeting explaining multiple critical elements of practice

• GCMS continues to practice of helping physicians within maintenance of certification problems

• GCMS continues to work with third-party payers, hospitals, and other key parties to create a regional health information exchange, improve the community health, and work on developing innovative systems change models for this community factoring in its characteristics

• GCMS continues its leadership in the medical community by convening a Town Hall Meeting featuring the Chief Medical Officers of each major third-party payer impacting this community

We place your interests first and strive for your success and satisfaction above all.

Trust us to provide payment solutions to your payment challenges.

810.750.6822
mktg@TheRybarGroup.com
www.TheRybarGroup.com
The physicians and practice managers of Genesee County are unlikely to have seen such an assembly of insurance company chief medical officer's in one place. Everyone should come to this meeting to hear what is coming, and to have an opportunity to dialogue with them. Whether you are in an ACO, PO, or you have other affiliation such as hospital employee, etc, this is not a meeting to miss! Please invite other physicians and practice managers to this meeting!

**Meeting Location:**
Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507

**Evening Schedule:**
6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

RSVP's requested by August 31, 2016

Please mail your reservation payment to:
Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

**Presenters:**

Naim Munir, MD  
Senior Vice President and Chief Medical Officer  
Health Alliance Plan

James Forshee, MD  
Chief Medical Officer  
Molina

Kathleen Kudray, DO  
Chief Medical Officer  
McLaren Health Plan

Marc Keshishian, MD  
Senior Vice President and Chief Medical Officer,  
Blue Care Network

Thomas Simmer, MD  
Senior Vice President and Chief Medical Officer,  
Blue Cross Blue Shield of Michigan

**GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!**

$40.00 - GCMS Members, Spouses, Practice Managers, & Staff  
$40.00 - Genesee County Osteopathic Association Physician Members & Spouses  
$25.00 - Residents & Students  
$50.00 - All Non-Member Guests  

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.
READY TO MOVE IN 4,500 SQ. FT.
Custom designed physician office. Available for rent or purchase in Stone Bridge office complex off Linden Rd. across from Genesee County Medical Society. New roof and heating/cooling. Contact 810-610-0965

AUTOCLAVE NEEDED
by not-for-profit urgent care center.
Please contact Brenda at bcraft@gcms.org or call (810) 232-2710.

PHYSICIANS NEEDED
at the Emergency Medical Center of Flint Various shifts available for part-time, as well. Must be willing to do minor stitches, infants & children, splinting, and minor eye & ear procedures. This is a classic urgent care much like family practice. Hours of operation 9:30am – 9pm, 7 days a week, closed on major holidays Located at 2284 S. Ballenger Hwy., Suite 2, Flint, 48503. Contact Pete Levine at 810-733-9925.

CHECK OUT OUR WEBSITE WWW.GCMS.ORG
GCMS MEETINGS
— September 2016 —

Legislative Liaison Committee
Recessed until October 3rd

Town Hall Dinner Meeting, 9/8
6pm, Flint Golf Club

2016 Ball Committee, 9/13
12pm, GCMS Office

Community & Environmental Health Committee, 9/14
12:30pm, GCMS Office

Practice Managers, 9/22
8am, GCMS Office

MSF Fundraising Committee, 9/22
6pm, GCMS Office

Finance Committee, 9/27
5:15pm, GCMS Office

Board of Directors, 9/27
6pm, GCMS Office

Community & Environmental Health Committee, 9/28
12:30pm, GCMS Office

President’s Ball
November 12, 2016
6 o’clock pm
Genesys Conference & Banquet Center
email ssmith@gcms.com to register

SEPTEMBER

HAPPY BIRTHDAY DOCTOR
The Medical Society Foundation is engaged in a capital campaign. With a goal of $2 million, the purpose of the campaign is to raise funds for the Foundation to use in support of the Genesee County Medical Society’s charitable and public health related activities. We are seeking major gifts, and smaller ones too. Appreciated stock, IRA disbursements, and cash donations are all accepted with pleasure. The funds will go to the best of all uses. Examples of the types of activities that the funds have supported include the Genesee County Medical Society’s efforts on behalf of a safer flint water supply, human trafficking advocacy and education, and support of end-of-life, fitness and community health initiatives.

Please do not hesitate to contact Pete Levine for more information at 810-733-9925 or plevine@gcms.org.

Sincerely yours,

Allen F. Turcke, MD
President
Medical Society Foundation
Deborah Duncan, MD

Immediate Past President
Genesee County Medical Society
Pino Colone, MD

President
Genesee County Medical Society
**State and County Medical Society**

**MEMBERSHIP APPLICATION**

Join MSMS and your County Medical Society online at www.joinmsms.org

- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

**Male**  ○  **Female**

| First (legal) Name: __________________ | Middle Name: ___________ | Last Name: ________________________ | ○ MD  ○ DO |
| nick ___________ | maiden ___________ | maiden (if applicable) ___________ |

| Job Title: ____________________________________________________________________________ |

| W Phone ___________________ | W Fax ___________________ | H Phone ___________________ | H Fax ___________________ |

| Mobile: ______________________________ | Email Address: __________________________________ |

| Office Address: ○ Preferred Mail ○ Preferred Bill ○ Preferred Mail and Bill |

| City: __________________ | State: __________ | Zip: __________ |

| Home Address: ○ Preferred Mail ○ Preferred Bill ○ Preferred Mail and Bill |

| City: __________________ | State: __________ | Zip: __________ |

*Please base my county medical society membership on the county of my (if addresses are in different counties): ○ Office Address  ○ Home Address

*Birth Date: ____ / ____ / ____  Birth Country _______________  MI Medical License #:  ________________  ME #:  ___________

| Medical School: __________________ | Graduation Year: _____________ | Birth Country: _______________ | MI Medical License #: ________________  ECFMG #: (if applicable) ____________ |

| Residency Program: ____________________________________________________________________________ | Program Completion Year: _____________ |

| Fellowship Program: ____________________________________________________________________________ | Program Completion Year: _____________ |

| Hospital Affiliation: ____________________________________________________________________________ |

| • Primary Specialty: __________________ | Board Certified: ○ Yes  ○ No |

| • Secondary Specialty: __________________ | Board Certified: ○ Yes  ○ No |

| Marital Status: ○ Single  ○ Married  ○ Divorced | Spouse's First Name: ___________ | Spouse's Last Name: ___________ |

| Is your spouse a physician?:  ○ Yes  ○ No | If yes, are they a member of MSMS?:  ○ Yes  ○ No |

Within the last five years, have you been convicted of a felony crime?:  ○ Yes  ○ No | If “yes,” please provide full information: _____________________________________________________________________

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?:  ○ Yes  ○ No | If “yes,” please provide full information: _____________________________________________________________________

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature: ______________________________________ | Date: ______________________________

**County Medical Society Use Only**

Reviewed and Approved by:

_________________________

_________________________

Application Code: __________________________

**Facebook.com/Groups/Geneseecms/**