

the BULLETIN



32nd Annual Cancer Care Symposium

MULTI COUNTY MEETING

WEBINAR ON

E-CIGARETTES—

MARCH 19TH 2025

***ANNUAL PRESIDENT'S
BALL NOVEMBER 2, 2024.***

SLOAN MUSEUM OF

DISCOVERY—PLEASE

JOIN US !!!

BREAST CANCER AWARENESS MONTH



Organized Medicine's Leading Edge

Since 1841

*THE BULLETIN is published monthly by:
The Genesee County Medical Society*

GCMS OFFICERS 2024

Macksood Aftab, MD, President
President Elect, Ethiraj Raj, MD
Paul Kocheril, MD, Immediate Past Pres.
Paul Kocheril MD, Treasurer

MSMS OFFICERS 2024

John Waters, MD-Treasurer

DISTRICT DIRECTOR VI

Nita Kulkarni, MD

DELEGATES

Macksood Aftab, DO
Paul Kocheril, MD
Bobby Mukkamala, MD
Rama Rao, MD
Edward Christy, MD

ALTERNATE DELEGATES

Dr. Khalid Ahmed
Dr. Qazi Azher
Dr. John Hebert
Dr. Sunil Kaushal

OTHER BOARD MEMBERS

Michael Giacalone, Jr., MD
Gary Johnson, MD
Elmahdi Saeed, MD
John Waters, MD
Varsha Moudgal, MD
Alison Kinning, MD
Mary Marshall, MD
Ali Mohammad, MD

EXECUTIVE DIRECTOR

David Hoff, MA, CCP

EXECUTIVE ASSISTANT

Melissa Keller

OCTOBER 2024 VOLUME 101, NUMBER 10

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

FEATURE ARTICLES

Cancer Awareness—David Hoff	17
Bonus Article - Melissa Keller	21
GCMS Alliance	28
COVID-19 Resources	34
Safe Haven: Physician and Provider Well Being Program	39
Commit To Fit	40

REGULARS

President's Message	3
GCMS Meetings	5
Executive Director's Message	6

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office
4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532
Phone (810) 733-9923

Buy subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society .

President's Message

It has been an honor to serve as President of the Genesee County Medical Society for the past year. I have learned a lot from those already involved in organized medicine and have a new appreciation for the need for physician organizations advocating for the place of physicians in the healthcare environment.

Some highlights of the last year include our passing of a resolution joining medical organizations around the world in demanding increased humanitarian access into Gaza and protecting healthcare workers in the conflict zone.

This crisis has been particularly traumatic to our community as many physicians have close family and friends from the region. Many Flint area physicians also travelled to serve those suffering in the crisis, a testament to the moral integrity of our physician community.

The GCMS also organized a statewide CME program on Pain management in the spring which was well attended and cosponsored by multiple other county medical societies but led by our very own David Hoff. GCMS members actively participated in the MSMS house of delegates meeting in various capacities including as reference committee members, officers, regional directors and delegates.

Finally, the upcoming President's Ball seems to be a fitting way to end the year. Once again, it's been an honor to serve in this position among some amazing colleagues representing the very rich and robust medical community in the greater Flint area.



DR. MACKSOOD AFTAB, D.O.

Experience the **RMI** difference!

CASH PRICING



**HIGH DEDUCTIBLE?
NO PROBLEM.**

SCAN THE QR CODE TO ACCESS OUR
TIME OF SERVICE PRICE SHEET



Women's Services

- 3D UltimateMamm
- Rapid Breast MRI
- Breast Ultrasound
- 4D Diagnostic Breast MRI
- Breast Biopsy
- Contrast Enhanced Spectral Mammography (CESM)
- Breast Cancer (BRCA) Gene Testing



Services

- Bone Densitometry DEXA
- Computed Tomography (CT)
- CT Lung Cancer Screening
- Coronary CT Angiography
- Drainage and Injections
- Fluoroscopy
- Interventional Pain Management
- MRI
- Nuclear Medicine
- PET/CT
- Ultrasound
- Vascular Access and Intervention
- X-Ray

Schedule a **RMI** Exam Today!



6 Offices in Mid-Michigan

2 Oakland County Offices

1 Wayne County Office



**Genesee/Lapeer Area
(810) 732-1919**

**Royal Oak Area
(248) 543-7226**

**Novi Area
(248) 536-0410**

**Southgate Area
(734) 281-6600**

Flint • Davison • Fenton • Grand Blanc • Lapeer • Novi • Royal Oak • Southgate

Evening and weekend appointments available!

Practice Managers

November 14h , 2024
9:00 A.M.

Physician and Legislative Forum Meeting

February 3rd, 2025
8:00 A.M.

Medical Society Foundation Board Meeting

January 15th, 2025
6:00 p.m.

Board of Directors

January 28, 2025
6:00 P.M.

***All meetings are via Zoom unless otherwise noted**

Announcement

GCMS members now entitled
to a 15% discount on automobile
and homeowners insurance.

For details, contact:

POTTER & ROOSE
INSURANCE

810-767-8590

Providers of insurance for the GCMS & its
members for 50 years.

906 Mott Foundation Bld., Flint MI 48502

Your **HEALTH CARE LAW FIRM**



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- **Provider Contracting**
- **RAC, Medicare, Medicaid and Commercial Payor Audits**
- **Billing and Reimbursement**
- **Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance**
- **Licensure, Staff Privilege and Credentialing**
- **Physician and Physician Group Issues**
- **Corporate and Transactional Matters**
- **Regulatory Compliance**
- **Healthcare Litigation**
- **Healthcare Investigations**
- **Fraud and False Claims Defense**
- **Provider Participation/Termination Matters**
- **HIPAA and HITECH Compliance**

WACHLER
ASSOCIATES

SERVING HEALTHCARE PROVIDERS FOR OVER 30 YEARS

248.544.0888 • wachler.com

Executive Director's Message

In Memory of Dr. Venkat Rao

A Lasting Legacy

Entering my fifth year as Executive Director for the Genesee County Medical Society, I am still enjoying new experiences. Most weeks I am invited to new events and places, I never know where the position of Executive Director will take me.

Networking and meeting new people are one of the best aspects of this position for GCMS.

In September 2024, I was contacted by Lennetta Coney, the President of the Foundation for Mott Community College. Lennetta invited me to attend the October 2024 Mott Community College Board of Directors meeting.

My presence was requested to observe a very special proposal and vote for board approval.

Monday October 7, 2024, I attended the Mott Community College board meeting at the Mott Event Center. I was joined by Dr. Rama Rao and Lennetta Coney for the evening.

The Mott College Board of Directors meeting began promptly at 5:30 pm, opening with a forum of public comments. Shortly after the meeting began, the electricity went out on the entire campus.

As time was spent waiting for restoration of electricity, I took advantage of the free time with the Mott Board of Directors. I had an opportunity to meet and conversate with Mott Board of Directors Chair, Andy Everman.

The Mott College interim President Shaunda Richardson – Snell introduced herself and I spoke to her a period of time. Two new people to network with, while representing the Genesee County Medical Society.

The Board meeting was then cancelled and rescheduled for October 8, 2024 when electricity was scheduled to be restored.

I attended the Mott Board of Directors meeting for the second consecutive evening October 8, 2024 at the Regional Technology Center (RTC Building). Once again, I was joined by Dr. Rama Rao and Lennetta Coney to observe this historic Board vote for Mott Community College.

The Board Meeting started promptly at 5:30 pm with continuation of public comments.

Approximately 7:00 pm, the Mott College Board was presented to change the name of the building on campus, "The Mott Eats Food Pantry" .

To "The Venkat K. Rao Eats Food Pantry". The Board vote was unanimous in favor of changing the building name.

Dr. Rao thought students performed best with nourishment, he was very supportive of the Mott Eats Food Pantry.

Dr. Venkat Rao was President of the Genesee County Medical Society 2010 -2011. Dr. Rao remained very active with the Genesee County Medical Society and the Michigan State Medical Society.

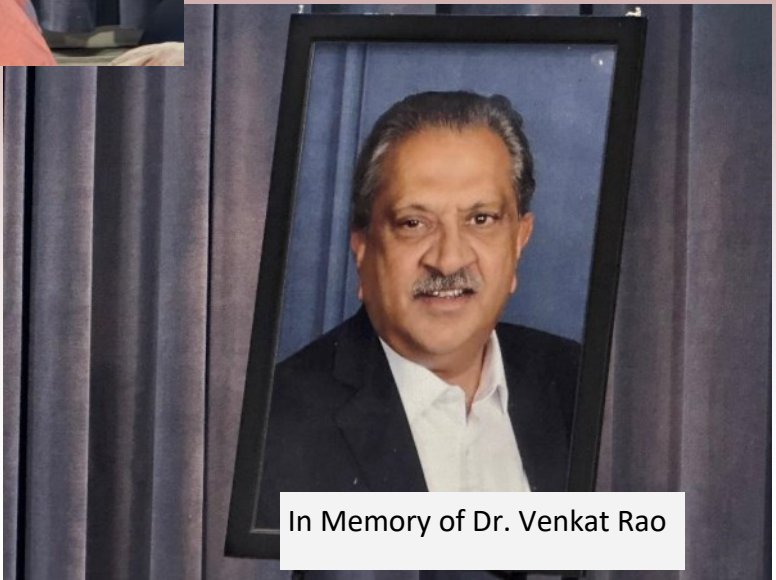
Dr. Rao passed away unexpectedly June 3, 2023, due to a motor vehicle accident.

The memory and legacy of GCMS Past President Venkat Rao, MD will be forever memorialized at Mott Community College.

The Venkat K Rao Eats Food Pantry is located on the main campus of Mott Community College in Flint.



DAVID HOFF, MA, CCP



In Memory of Dr. Venkat Rao



Dr. Rama Rao and David Hoff



Dr. Rama Rao & Lennetta Coney



You are cordially invited to :

Genesee County Medical Society/Genesee County Medical Society Alliance

2024 President's Ball

"Restoring Health, Reviving Flint"

Honoring GCMS President Dr. Macksood Aftab

November 2, 2024 @ 5:00 P.M.

Sloan Museum of Discovery

1221 E. Kearsley Street

Flint, MI 48503



(Black Tie Optional)



(You will receive an invoice for the amount of tickets purchased)



Genesee County Medical Society
Presents:
GCMS/GCMSA
2024 President's Ball
Honoring GCMS President
Dr. Macksood Aftab
November 2, 2024@ 5:00 P.M.
"Restoring Health, Reviving Flint".
Sloan Museum of Discovery
1221 E Kearsley St. Flint , Mi
48503

Sponsorship Opportunities:

Premiere

\$10,000 Level Sponsor

Includes two tables of 6 (12 seats).
One Full-Page Ad in the January 2025
GCMS Bulletin, special mention in
advertising and promotions relating to the
President's Ball, acknowledgement in the
event program and at the podium
sponsorship of a Town Hall Meeting.

Platinum

\$5,000 Level Sponsor

Includes one table of 6
One Full-Page Ad in the
January 2025 Bulletin, a special
mention in advertising and
promotions relating to
the President's Ball, acknowledgement
in the event program and at the podium.

Gold

\$2,500 Level Sponsor

Includes one table of 6
One Half- Page Ad in the January 2025
GCMS Bulletin, a special mention in
advertising and promotions relating to the
President's Ball, acknowledgement
in the event program and at the podium.

Silver

\$1,500 Level Sponsor

Includes seating for 4
One Half- Page Ad in the January 2025 GCMS
Bulletin, a special mention in advertising
and promotions relating to the
President's Ball, acknowledgement
in the event program and at the podium.

Bronze

\$750 Level Sponsor

Includes seating for 2
One Half-Page Ad in the January 2025 GCMS
Bulletin, a special mention in advertising and
promotions relating to the President's Ball,
acknowledgement in the event program
and at the podium.

Popper

Generous Donation Sponsor (over \$500)

Includes seating for 2 A special
mention in advertising and
promotions relating to the
President's Ball, acknowledgement
in the event program and at
the podium.

PROTECTING YOU. YOUR FAMILY. YOUR LIFE.



MSMS Physicians Insurance Agency's licensed agents can help physicians with all their insurance needs – for business, employees and families. We are ready to assist you in protecting your profession.

Protecting You & Your Team

INDIVIDUAL AND GROUP COVERAGES

- Dental Insurance
- Vision Insurance
- Short Term and Long-Term Disability Insurance
- Life Insurance
- Accidental Death and Dismemberment

MEDICAL COVERAGE OPTIONS

- HMO/PPO/POS Health Plans
- Health Savings Accounts (HSAs)
- Health Reimbursement Arrangements (HRAs)
- Wellness Reward Promoting Healthy Living
- Medicare Supplemental
- GeoBlue Travel Medical and International Health
- COBRA related services for groups over 20 at no cost to the group

Protecting your Professional Advice

MEDICAL MALPRACTICE

- Exclusive benefits for MSMS members
- Program discount of 5% for qualified members
- Claims free credit up to 25%
- Tribute Plan recognizes doctors for their loyalty and commitment to the practice of good medicine

Protecting You

PERSONAL LINES

- Auto Insurance
- Homeowners Insurance
- Renters insurance
- Umbrella
- Motorcycle
- Recreational Vehicles

PROTECTING YOUR PRACTICE

- Cyber Liability Insurance
- Workers Compensation Insurance
- Business Owners Insurance (BOP)
- Directors and Officers Liability Insurance
- Employment Practices Liability Insurance (EPLI)
- Commercial General Liability
- Errors and Omissions (E&O)

GET PROTECTED!

Call: Toll-Free 877-PIA-ASK-US

Visit: msmsinsurance.org

Email: msms@msmsinsurance.org



MSMS PHYSICIANS INSURANCE AGENCY, PO BOX 950, EAST LANSING, MI 48826



2337 Stonebridge Dr., Building F, Flint, MI 48532

Phone 810-733-6600

Fax 810-733-0262

 fb.com/completewa

 kendall@completewa.com

Securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC. Investment Advisor services through Cambridge Investment Research Advisors Inc., a Registered Investment Advisor. Cambridge and Complete Wealth Advisors are not affiliated.

THERE IS STILL TIME TO GET
YOUR TICKETS!!!!



PRESIDENT'S BALL 2024!!!!!!

PLEASE PURCHASE YOUR TICKETS
TODAY . JOIN US FOR A FUN FILLED
EVENING HONORING OUTGOING
PRESIDENT DR. MACKSOOD AFTAB.

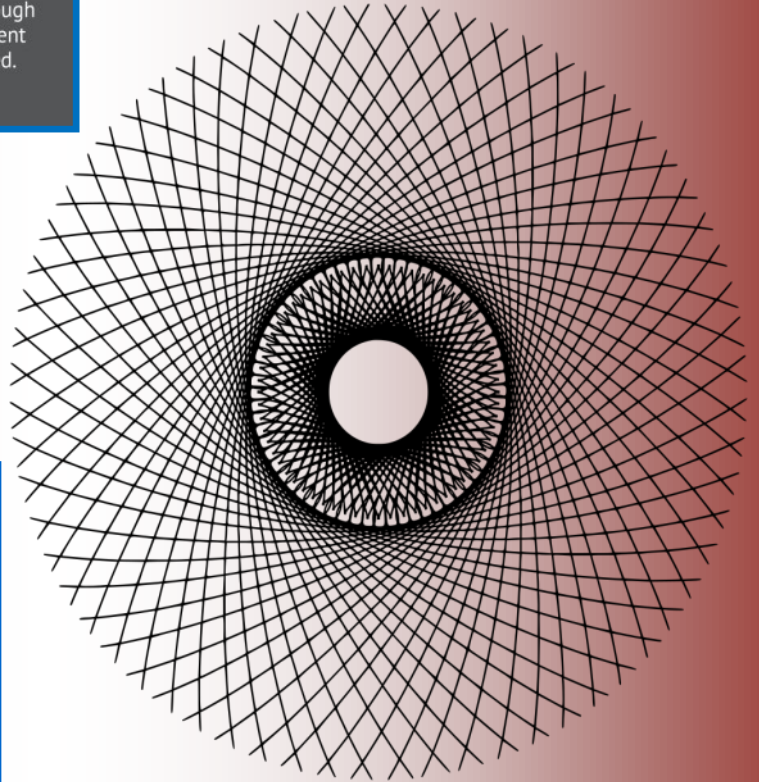
NOVEMBER 2, 2024 @ 5 PM AT

THE SLOAN MUSEAM OF

DISCOVERY , 1221 E. KEARSLEY

FLINT, MI 48503

CLICK



**Help is
Here**

GHS
Genesee HEALTH SYSTEM



**Begin Services
Today:**

1040 W. Bristol Road
Flint, MI 48507

Monday – Friday
8 A.M. – 5 P.M.

(810) 257-3740

TTY: (810) 232-6310

24 HOUR CRISIS LINE

7 days a week, 24 hours a day

(810) 257-3740

TTY: (810) 232-6310

CUSTOMER SERVICES

Monday – Friday 8 A.M. – 5 P.M.

(810) 257-3705

TTY: (810) 257-1346

**BEHAVIORAL HEALTH
URGENT CARE**

422 W. 4th Avenue • Flint, MI 48503

(810) 496-5500

TTY: (810) 232-6310

Walk-In Services:

7 days a week - extended hours

Video Chat Services:

7 days a week, 24 hours a day

Mobile Crisis Services:

7 days a week, 24 hours a day

www.genhs.org

32nd Annual Cancer Care Symposium

Cancer and the Primary Care Physician

Location

Solitude Links Golf Center
5810 Flinchbaugh Rd.
Kimball, MI 48074

Register to Attend

Christine Cross
(810) 335 - 9505
christine@sccmedialsociety.com

November 8, 2024

12:30-1:00 Meet & Greet
1:00-5:00 Program
5:00-6:00 Social Hour

Featured Presenters



Lindsey Rieck, D.O.
How to Diagnose and Work-up for Breast Cancer and Colorectal Cancer



Anup Lal, M.D.
Follow-up and Survivorship for Breast Cancer and Colorectal Cancer



Shiva Damodaran, M.D.
Prostate Cancer Diagnosis and Management



Fares Alsawah, M.D.
Managing the Side Effects of Treatment



Simul Parikh, M.D.
Nutrition for the Cancer Patient



Anthony Grech, M.D.
Hospice and Palliative Care for Cancer Patients



Ronald Levitin, M.D.
Oncologic Emergencies

Program Audience: This symposium is designed for primary care providers, radiation oncologists, pathologists, hematologists, surgeons, nurses, and other allied health professionals.

Statement of Accreditation: The St. Clair County Medical Society CME Consortium (SCCMS-CME) is accredited by MSMS Michigan State Medical Society (MSMS) accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The SCCMS-CME designates this live activity for a maximum of 4.0 AMA PRA Category I Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity. Financially supported by SCCMS members and LHMC administrators and medical staff.

From the **AMA**



WHO-commissioned review finds no connection between cellphone use, brain cancer.

The [Washington Post](#) (9/3, Pannett) reports, “A review commissioned by the World Health Organization into the potential risks of cellphone radiation has found no connection between cellphone use and brain cancer, even for people who spend all day glued to their smartphone.” Eleven experts “looked at 5,000 studies published between 1994 and 2022, narrowing in on 63 for their final analysis.” The experts “found the risk of brain cancer did not increase, even with prolonged cellphone use (defined as 10 years or more), among those who spent a lot of time on their cellphones, or for people who made a lot of calls.” The experts “also found no increased risks of leukemia or brain cancer in children exposed to radio or TV transmitters or cellphone towers.” The findings were [published](#) in *Environment International*.



In recognition of Breast Cancer Awareness Month, the Michigan State Medical Society (MSMS) would like to share information on some key breast cancer resources for health care professionals and patients. Check out the links below for useful materials.

Resources for Health Care Professionals:

[The Michigan Cancer Consortium
ACS and ASCO Flyer](#)

[CDC Health Care Provider Resources](#)

National Cancer Institute [Breast Cancer Risk Assessment Tool](#)

[National Surgical Adjuvant Breast and Bowel Project](#)

American Cancer Society [Information for Health Care Professionals](#)

[MDHHS Cancer Genomics Program: Resources for Health Care Providers](#)

Resources for Patients:

American Cancer Society [Information for Patients](#)
[Centers for Disease Control and Prevention](#)

[Breast and Cervical Cancer Control Navigation Program](#)

[National Breast Cancer Foundation](#)

Susan G. Komen® [Tools and Resources](#)

MSMS would also like to highlight the work of [YesRx](#), Michigan's Cancer Drug Repository Network. Their efforts are helping Michigan patients in need obtain unused and unopened cancer medications for free. It is reported that 50 million people in the United States skip medication due to cost. Since its inception in June of 2023, YesRx has given away over \$7 million in donated cancer drugs, which has helped more than 1,000 patients receive the treatment they need. To learn more:

[Click here for information on how to donate cancer medication](#)
[Click here for information on donation requirements](#)



Breast Cancer Awareness: Understanding the Importance and Impact

October is Breast Cancer Awareness Month, a time dedicated to educating people about breast cancer, promoting early detection, and supporting those affected by this disease. With 1 in 8 women diagnosed in their lifetime, awareness is crucial for effective prevention and treatment.

The Importance of Early Detection :

Early detection significantly increases the chances of successful treatment. Mammograms, recommended annually for women starting at age 40, can identify tumors before they become palpable. Self-examinations are also vital; women should familiarize themselves with their breasts to notice any changes. Knowing one's status can alleviate anxiety. Early detection often leads to quicker intervention, which can be reassuring for patients.

Our Medical Providers should strongly encourage early detection of breast cancer because it significantly improves treatment outcomes and survival rates.

Numerous organizations provide support, education, and funding for research, such as the American Cancer Society. They offer resources for patients and families, including support groups and financial assistance.

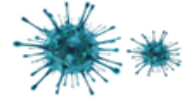
Free breast cancer screening is coming soon in Flint:

A free breast cancer screening will take place on October 24 in Flint. For more information, contact GHCI at (810) 762-8226.

Karmanos Cancer Institute at McLaren Flint: This institute offers advanced Cancer care and treatment plans. They also have a Breast Nurse Navigator who can Provide assistance, education, and emotional support.

DAVID HOFF, MA, CCP

Measles Preparedness Toolkit



Genesee County Health Department created a measles preparedness toolkit. The health care providers guide to in-office testing and prevention guidelines include information regarding:

Toolkit Contents:

- Infection control and prevention
- Post-exposure prophylaxis
- How to report cases to the health department
- Tips for phone screening in your office
- Best practices for infection prevention
- Testing, procedures, and reporting assistance
- Sources/helpful links to fact sheets and more

Email jherman@geneseecountymi.gov to request an electronic toolkit, or download it directly from the Genesee County Health Department website using the link and QR code below.

Measles is a highly contagious, acute viral illness that begins with fever, cough, runny nose, and conjunctivitis lasting 2-4 days prior to rash onset. The rash typically occurs 3-5 days after symptoms begin and appears first on the face and spreads down the body.

The fact that 5.9% of school-aged children in Genesee County have vaccination waivers, coupled with 28% of eligible children being unvaccinated, puts us at risk of a measles outbreak.

Strongly recommend that eligible patients get vaccinated. If you don't offer vaccinations, advise them to make an appointment with the Genesee County Health Department or, for those over age 3, to visit their local pharmacy.

Website: www.geneseecountymi.gov

Contact Us

Genesee County Health Department:

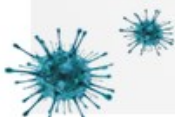
Communicable Disease Department

Phone: 810-257-1017

Fax: 810-257-3247

Email: GCHD-CD@geneseecountymi.gov

Scan the QR code for provider resources, the measles preparedness toolkit, and more



GENESEEE COUNTY
HEALTH DEPARTMENT

MSMS REIMBURSEMENT ADVOCATE ALERT



BCBSM - Coming Soon: New Member Site Features will give Patients Better Insight into Prior Authorization, Referral Process

BCBSM member site at bcbsm.com will acquire three new enhancements that are scheduled to launch in October 2024.

The following new features are designed to provide members with greater transparency into the prior authorization and referral process:

1. Notifications sent to members by email, text message or mobile app, indicating when a prior authorization or referral request:
 - Was received
 - Is in review
 - Has been approved, partially approved or not approved
- The ability for members to view real-time status updates for submitted prior authorization and referral requests through an at-a-glance status tracker
- Additional information and guidance added to help members understand the prior authorization and referral process, and what it means for them

CHANGES

Changes to Blue Cross Complete's Health Care Coverage Area

The Michigan Department of Health and Human Services (MDHHS) has awarded Blue Cross Complete (BCC) the opportunity to provide health care coverage in three new regions across the state.

This expansion will increase BCC's service area from 32 to 58 counties.

Effective October 1, 2024, BCC coverage area will include:

- Region 2 (Northwest Michigan)
- Region 3 (Northeast Michigan)
- Region 5 (East Central Michigan)

Additionally, MDHHS did not renew BCC's contract for Region 7, which includes, Clinton, Eaton, and Ingham counties. However, BCC will not terminate physician agreements. Physicians in Region 7 can continue to service BCC members to help ensure continuity of care during this period. BCC will remain committed to supporting members and physicians through this change and will provide further updates, as necessary.

HURLEY IS MID-MICHIGAN'S DESTINATION FOR SPECIALIZED SURGICAL CARE

Comprehensive Surgical Group & Hernia Center

Team of Experts

Our acute care surgeons are board-certified in a range of surgical disciplines and can treat a broad spectrum of complexities, including:

- Acute Care /Burn Surgery
- Adult & Pediatric Trauma & Surgical Critical Care
- Bariatric Surgery
- Emergency Surgery
- Gallbladder Surgery
- Hernia Surgery
- Robotic Surgery
- Reflux Surgery



Adam Howell, DO



Patrick R. Beer, DO

To Refer a Patient to Drs. Howell or Beer,
Call 810.262.6024



Kristoffer
Wong DO, FACOS



Gul Sachwani-
Daswani DO, FACOS

To Refer a Patient to Drs. Wong or Sachwani,
Call 810.262.6555

Hurley Neurological Center

- Spine & Spinal Cord Injury
- Spine Tumor Surgery
- Spine Trauma

Cerebrovascular Neurosurgery

- Cerebral Aneurysms
- Carotid Artery Disease
- Intracerebral Hemorrhage

Neurosurgical Oncology

- Brain Tumors & Brain Cancer

Skull Base Surgery

This specialty requires precise microsurgical techniques to reach areas, including the deep brain structures, cranial nerves, major blood vessels, and openings at the floor of the skull.



Marc Moisi, MD



Christian Bowers, MD

To Refer a Patient to the Hurley
Neurological Center,
Call 810.262.7030

Plastic, Reconstructive, Hand & Micro-Vascular Surgery Center

Limb Salvage & Reconstruction and Peripheral Nerve Surgery

- Targeted Muscle Reinnervation
- Limb Saving Microsurgeries
- Hand & Wrist Surgery

Cancer Reconstruction

- Breast Reconstruction
- Lymphatic Microsurgery

Trauma & Burn Reconstruction

- Craniofacial Reconstruction
- Reconstruction of
Complex Hand
- Scar Release

Cosmetic Surgeries

- Breast Surgeries
- Facial Cosmetic Surgeries
- Body Contouring



Ihab R. Saab, MD

To Refer a Patient to Dr. Saab,
Call 810.262.8360

hurleymc.com

HURLEY
MEDICAL CENTER



I had the pleasure of celebrating the Dedication Ceremony for Grant Fisher, 2-time bronze medalist at the 2024 Paris Olympics at the Ascension Genesys Health Club in September. There were several people from the community that were there to congratulate and help celebrate Grant and his accomplishments over the years. Listening to everyone tell stories of how Grant became to be the extraordinary person/athlete that he is today was very motivating and encouraging for the young and the old that were there, and you could feel the community coming together. Grant took the time to take photos and talk to each one of us, including myself! From the Mayor of Grand Blanc to Sheriff Swanson to many influential figures in the City and State of Michigan, thank you Grant for putting Grand Blanc, MI on the map. Cannot wait to see what he will do in the 2028 Olympics in Los Angeles California!

CONGRATULATIONS again Grant. We are all so proud of you!

Melissa Keller, Executive Assistant– GCMS



Osteopathic Physician (DO) Licensure Requirements

Each osteopathic physician is required to accumulate 150 hours of continuing education in activities approved by the board during the 3 years immediately preceding the application for renewal of which a minimum of 60 hours of the required 150 hours must be earned through Category 1 programs. Following are other license requirements for:

Controlled Substance Licenses:

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licenses that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

For Medical Licenses:

Training Standards for Identifying Victims of Human Trafficking

This is a one-time training that is separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure.

Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing.

Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
- ◆ Clinical physician communication related to pain.
- ◆ Management of pain, including evaluation and treatment and nonpharmacological and pharmacological management.
- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

Medical Ethics

A minimum of one-hour of continuing education every 3-year relicensure cycle.

Implicit Bias

A minimum of 3 hours every 3-year relicensure cycle. New licensees need 2 hours within the 5 years immediately preceding.

Renewals from June 1, 2022 – May 31, 2023, need 1 hour; renewals from June 1, 2023 – May 31, 2024, need 2 hours; renewals from June 1, 2024 – May 31, 2025, need 3 hours. Then after, every 3-year renewal cycle will need to report 3 hours. (Any hours after June 2021 can be used.)

Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

Medical Doctor (MD) Licensure Requirements

Each medical doctor is required to complete 150 hours of continuing education in courses or programs approved by the board of which a minimum 75 hours of the required 150 hours must be earned in courses or programs designated as Category 1 programs. Other license requirements are listed here:

Controlled Substance Licenses

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licensees that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

Medical Licenses

Training Standards for Identifying Victims of Human Trafficking

A one-time training, separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure. Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing. Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
- ◆ Clinical physician communication related to pain.
- ◆ Management of pain, including evaluation and treatment and nonpharmacological and pharmacological management.
- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

Medical Ethics

A minimum of one-hour of continuing education every 3-year relicensure cycle.

Implicit Bias

A minimum of 3 hours every 3-year relicensure cycle. New licensees need 2 hours within the 5 years immediately preceding.

Renewals from June 1, 2022 - May 31, 2023, need 1 hour; renewals from June 1, 2023 - May 31, 2024, need 2 hours; renewals from June 1, 2024 - May 31, 2025, need 3 hours. Then after, every 3-year renewal cycle will need to report 3 hours. (Any hours after June 2021 can be used.)

Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

A black rectangular sign with a red border and a red circular seal in the background. The seal has a white border and contains the word "ATTENTION" in white capital letters. The seal also features several small red stars.

ATTENTION

A bright yellow starburst graphic with multiple points, containing text.

9:00 A.M.

****Via
Zoom**

**ATTENTION: PRACTICE MANAGERS
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for
practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

YOU WILL RECEIVE A ZOOM INVITE

NEXT MEETING DATE:

November 14thth, 2024— 9:00 A.M.

***You do not want your Practice Manager to miss out
on these valuable meetings!***



So easy!

New Members can earn up
to **\$150** just for joining.



Sovita Credit Union is dedicated
to those who devote their lives to
education and healthcare
including their immediate families.



Federally insured
by NCUA.

Sovita[®]
CREDIT UNION



scan for details

Become a member: call 810.720.8300 • visit a branch office • go to [sovitacu.org](https://www.sovitacu.org)

WHAT CLINICIANS NEED TO KNOW

Legislation was signed in April 2022 through the support of the MSMS-initiated and led Health Can't Wait, a coalition with more than 50 healthcare, clinician, and patient advocacy organizations. This legislation puts more control back in the hands of clinicians and patients.

Public Act 60 of 2022 provides prior authorization (PA) reform with the goal of a quicker, more effective, and more transparent process. It does not repeal PA.

All provisions will be fully in effect as of **June 1, 2023**, including major components such as electronic submission and faster timelines.

These reforms apply to health care insurers (and their contracted third-party vendors) and healthcare professionals whose beneficiaries/patients have commercial insurance policies regulated by the Michigan Department of Insurance and Financial Services. **They do not impact Medicaid, Medicare, Medicare Advantage, or self-funded plans.**

Check insurers' provider news, updates, portals, etc. to learn of any new processes related to online submission, appeals, eligibility, and PA requirements related to the law's implementation.

Please review the key provisions below for additional details and requirements.

Electronic Submissions

Beginning June 1, 2023:

- Insurers **must provide** an online method through which practitioners can electronically submit PA requests for any benefits requiring PA, including prescription drugs. Facsimiles do not count as an acceptable method.
- Physicians and other health care professionals **must submit** PA requests electronically. The only exception is for a temporary technological or electrical failure.

Timeliness of Decisions

	Urgent		Non-Urgent	
	Timeframe	Considered Granted	Timeframe	Considered Granted
Beginning June 1, 2023	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within nine (9) calendar days	Insurer fails to act after nine (9) calendar days
After May 1, 2024	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within seven (7) calendar days	Insurer fails to act after seven (7) calendar days
Valid for	A minimum of 60 days or the length of time that's clinically appropriate, whichever is longer			

NOTE: If you are requested to provide additional information, it is important to do so as quickly as possible as the turnaround time noted above will reset and the insurer will be required to make a determination following the receipt of the additional information within the prescribed timelines for urgent or non-urgent requests.

Review by Peers

Puts conditions on health care practitioners reviewing appeals (e.g., no financial stake in decision, not involved in prior denial, etc.). Any adverse determinations regarding a PA request for a non-pharmacy benefit must be made by a licensed physician and by a physician or pharmacist for a pharmacy benefit. If a denial is appealed, the denial cannot be affirmed unless it has been reviewed by a licensed physician who is board-certified or eligible in the same specialty as the service provided. An exception is allowed if finding such an individual would delay a decision within the required timeframe. In this instance, a physician in a similar general specialty could be utilized.

Clinical Validity

PA requirements must be based on peer-reviewed clinical review criteria. The criteria must:

- Take into account the needs of atypical patient populations and diagnoses.
- Reflect community standards of care.
- Ensure quality of care and access to needed health care services.
- Be evidence-based criteria.
- Be publicly available free of charge.
- Be sufficiently flexible to allow deviations from norms when justified on a case-by-case basis.
- Be evaluated and updated, if necessary, at least annually.

Transparency

PA requirements, including amendments, must be publicly and conspicuously posted online within a specified timeline. Insurers are also required to submit an annual report to the Michigan Department of Insurance and Financial Services (DIFS) which must include aggregated trend data related to the insurer's PA practices and experience for the prior plan year. DIFS shall post an annual report with aggregated data by October 1 of each year.

In cases of PA denials, the health care professional must be notified of the reasons for the denial and related evidence-based criteria, their right to appeal, instructions on how to file the appeal, and any other documentation necessary to support the appeal.

Gold Carding

Insurers are required to adopt a program that promotes the modification of certain PA requirements based on health care professionals' adherence to nationally recognized evidence-based medical guidelines and other quality guidelines.

Health Can't Wait is a coalition of patients, physicians, and health care providers dedicated to putting Michigan patients first and ending delays in patients' access to health care:

Allergy and Asthma Network
Alliance for Patient Access
AARP Michigan
American Autoimmune Related Diseases Association
American Cancer Society
Cancer Action Network
American College of Cardiology, Michigan Chapter
American College of Physicians, Michigan Chapter
American Diabetes Association
American Lung Association in MI
American Medical Association
APTA Michigan

The Arc Michigan
Berrien County Medical Society
Calhoun County Cancer Control Coalition
Epilepsy Foundation of Michigan
Genesee County Medical Society
Hemophilia Foundation of Michigan
Henry Ford Medical Group
Huron Valley Physicians Association
Ingham County Medical Society
International Myeloma Foundation
Jackson County Medical Society
Kent County Medical Society
Macomb County Medical Society
MI Academy of Family Physicians

MI Bioscience
MI Chapter American Academy of Pediatrics
MI Coalition for Affordable Prescriptions
MI Council For Maternal & Child Health
MI Dermatological Society
MI Podiatric Medical Association
MI Psychiatric Society
MI Radiological Society
MI Rheumatism Society
MI Society of Anesthesiologists
MI Society of Eye Physicians and Surgeons
MI Society of Hematology & Oncology
MI Society of Interventional Pain Physicians
MI Society of Pathologists
MI State Medical Society

Muskegon County Medical Society
National Marrow Donor Program
National Multiple Sclerosis Society, Michigan Chapter
New Day Foundation for Families
Oakland County Medical Society
Saginaw County Medical Society
Sickle Cell Disease Association of America - Michigan Chapter
St. Clair County Medical Society
Susan G. Komen
UNIFIED - HIV Health and Beyond
Washtenaw County Medical Society
Wayne County Medical Society of Southeast Michigan

www.healthcantwait.org

GCMSA FOCUS ALLIANCE

The fall season has officially begun, and our activities are already in full swing.

On September 24th, we kicked off with the International Luncheon, graciously hosted by Ruqsana Ahmed at her home in Ortonville. There was an array of diverse dishes that highlighted the richness of our cultures, as well as a saree for each guest.

The Peace and Unity Day Celebration took place on October 5th at the University of Michigan - Flint. We were proud to once again support the Essay Writing competition with scholarship awards, reinforcing our dedication to education and youth.

Our next general membership meeting will be October 22nd at the Flint Institute of Art for a guided tour of Pick of the Litter: Cats & Dogs in Art. This meeting offers a chance for members to reconnect, share ideas, and continue working towards our goals.

The book club will meet on October 29th at the Flint Public Library. We will be discussing *The Women* by Kristin Hannah.

On November 2nd, we are thrilled to join in celebration of Dr. Macksood Aftab at the President's Ball. This is a joint event with GCMS, at the Sloan Museum of Discovery.

Finally, the next virtual board meeting will be on November 12th at 4:30 pm, where we will continue to plan and organize our upcoming initiatives.

We look forward to seeing everyone at these events as we embrace the fall season with a spirit of unity, learning, and celebration.

Joy-Dawn Hardman, President GCMSA







DAVID HOFF
CEO

(810) 407-4921
hoffshealthybooks@gmail.com

hoffshealthybooks.com

Certified QuickBooks
Online ProAdvisor

- Provide bookkeeping and general ledger entry input for QuickBooks Online.
- Generate income reports as needed.
- Perform budgeting and fixed cost analysis.
- Offer payroll services.
- Provide QuickBooks Online set up and consulting.

Your Membership at Work

- ◆ GCMS hosts monthly Practice Manager's meeting discussing complicated insurance issues in round table discussions with various insurance companies. If you find on-going insurance issues, please reach out to GCMS staff at executivedirector@gcms.org and we can connect that insurance company representative with our hard working Practice Managers.
 - ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
 - ◆ GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them!
- **** A flyer of GCMS benefits can be provided to you.

PRESIDENT'S BALL, NOVEMBER 2, 2024!!!

The President's Ball is approaching quickly, if you would like to [PURCHASE A TICKET, YOU STLL HAVE TIME.....](#)please click the link below. Thank you for your support!

It will be at The Sloan Museum of Discovery.

Just click the link at the bottom of the page!

Thank you!



MSMS Resource Guide



For information on the topics listed here, dial 517/336-plus the four digit extension (unless full number is provided).
For information on a topic not listed here, call MSMS at 517/337-1351 or 800/352-1351.

JOIN MSMS
Membership
517-336-5716
membership@msms.org

EDUCATION
Rebecca Blake
517-336-5729
rblake@msms.org

HUMAN RESOURCES
Jodi Schafer, SPHR, SHRM-SCP
517-336-5716
msms.org/HR

**INSURANCE/
MEDICAL, DENTAL, VISION**
Diane Wheelock
517-336-7591
dwheelock@msms.org

INSURANCE/LIABILITY
Julie Ozburn
517-899-1457
jozburn@msms.org

LEGISLATIVE ADVOCACY
Josiah Kissling
517-336-5737
jkissling@msms.org

**MEDICAL/
REGULATORY POLICY**
Stacey Hettiger
517-336-5766
shettiger@msms.org

PHYSICIAN LICENSING
Brenda Marenich
517-336-7580
bmarenich@msms.org

REIMBURSEMENT ADVOCACY
Stacie Saylor
517-336-5722
ssaylor@msms.org

Alliance.....	313/408-1359
AMA Delegation.....	5766 or 5788
Annual Scientific Meeting.....	5789
Antitrust Issues.....	5766
Board of Directors.....	5729
Chief Executive Officer.....	5729
Closing a Practice.....	5766
Coding & Billing Questions.....	5722
Continuing Medical Education.....	7580
• Accreditation.....	7580
Contracting Checklists.....	5766
Committees.....	5723
Corporate Compliance.....	5766
County Medical Societies.....	5729
Durable Power of Attorney (to order forms).....	5727
E & M Coding.....	5722
Educational Programs.....	5723
Employed Physicians.....	5716
Government Relations/Advocacy.....	5737
Group Practice Resources.....	5716
Health Care Law.....	5766
Health Information Technology.....	5770
House of Delegates.....	5723
Human Resource.....	5729
Immunizations.....	5770
Information Systems.....	7604
Insurance – Medical, Dental, Vision, Liability.....	877/742-2758
International Medical Graduate Section.....	5723
Managed Care Contracting.....	5766
Medicaid & Medicare • Legislation/Funding.....	5737
• Reimbursement.....	5722
Medical Education.....	5729
Medical Ethic.....	5789
Medical Records Release.....	5766
Medical Student Section.....	5723
Medigram.....	5737
• Advertising.....	5737
• Editor.....	5737
Meeting Registration.....	5789

Membership	
• Account Specialists.....	5716
• Applications.....	5716
• Change of Address.....	5716
• Dues Processing.....	5716
• Retired/Life Benefits.....	5716
Michigan Doctors' PAC.....	5737
MSMS Foundation.....	5723
Organized Medical Staff Section.....	5723
Patient Centered Medical Home.....	5770
Practice Solutions.....	5753
Professional Liability Insurance.....	517/899-1457
Reimbursement Advocate.....	5722
Resident and Fellow Section.....	5723
Risk Management (The Doctors Company).....	517/899-1457
Starting a Practice.....	5766
Third-Party Payer Issues.....	5722
Website.....	5737
Workers' Compensation.....	5722
Young Physician Section.....	5723

MSMS SUBSIDIARIES & AFFILIATES
MSMS Physicians Insurance Agency.. 877/742-2758
Physician Review Organization..... 517/336-1400
Prof. Credential Verification Service.. 517/336-1400

ADDITIONAL IMPORTANT NUMBERS
American Medical Association..... 800/262-3211
American Osteopathic Association... 312/202-8000
Drug Enforcement Agency..... 202/307-1000
Medicaid Provider Inquiry,
Medicare Customer Service..... 800/292-2550
MI Board of Medicine..... 517/335-0918
MI Board of Osteopathic Medicine
and Surgery..... 517/335-0918
MI Department of Health and Human Services
• Local..... 517/373-3740
• Toll free..... 800/292-2550
MI Health Prof. Recovery Corp..... 800/453-3784

Michigan State Medical Society
PO Box 950 East Lansing, MI 48826 | Membership Fax Line: 517-336-5716

Please email or call if you have any member benefit questions!




CLICK HERE

For Daily Genesee County Covid-19 Numbers

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

CLICK HERE

For Reporting



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

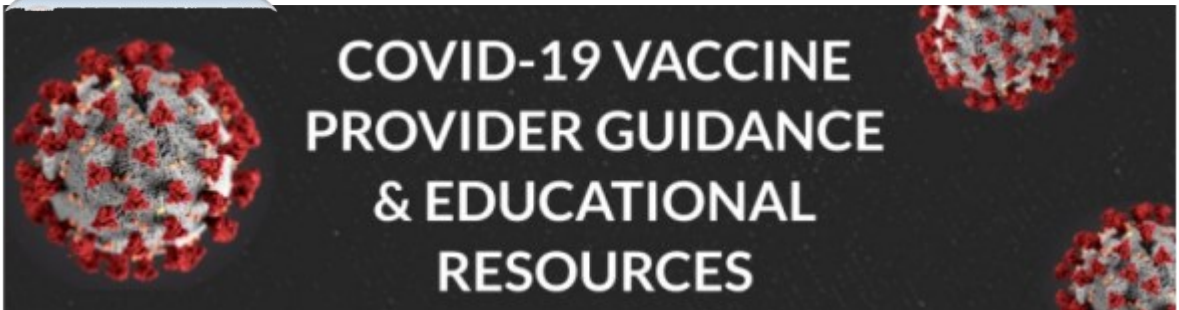
CLICK HERE

For State of Michigan Covid-19 Information





 [CLICK HERE](#)



**COVID-19 VACCINE
PROVIDER GUIDANCE
& EDUCATIONAL
RESOURCES**

COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQs

PROVIDER GUIDANCE & EDUCATION

NEW BENEFIT
FOR
MEMBERS!

*GCMS can help YOUR PRACTICE
meet the ADA requirements
and provide impeccable services to your patients
at a DISCOUNTED price!*

GCMS is very pleased to announce a relationship with Luna Language Services. Luna offers a number of different virtual options to assist physician offices with language interpretation services. As an added benefit to your GCMS Membership, a discount is now offered to all GCMS members utilizing

Luna Virtual Language Services.

Please contact **David Hoff** Executive Director to register your office for discounted services.

*Genesee County Medical Society Members
receive a discount for language services!*



**Interpreting
Services**

- On-site Interpreting
- Virtual Interpreting
- Phone Interpreting
- Video Remote Interpreting (VRI)
- Conference & Event Interpreting

LUNA
Language
Services

To become a GCMS member,
or to receive details about
this discounted service

Please contact :

ExecutiveDirector@GCMS.org

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



Don't Forget!
Donations are tax deductible!

Please contact GCMS at 733-9923 or email executivedirector@gcms.org

MEDICAL SOCIETY FOUNDATION



Did you know that all donations made to the **Medical Society Foundation** are 100% Tax-deductible? If you are interested in donating, or if you have any further questions, please contact

executivedirector@gcms.org Thank you!





Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

[Click here](#)

to connect with GCMS, we can provide your advertising needs!



**all ads placed by Physicians or Medical Practices must have a GCMS membership.



safe haven™
CONFIDENTIAL SUPPORT

SAFEHAVEN™

PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

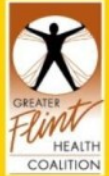
TO LEARN MORE, VISIT
www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





Fall 4 Fitness Challenge



OCTOBER 1 - 28, 2024 **Back to the Basics!**

Sponsored by:

Consumers Energy

Challenge Overview :

The Greater Flint Health Coalition presents the 2024 Commit to Fit Fall 4 Fitness Challenge, a one-month physical activity challenge designed to increase physical activity and promote wellness in Genesee County through "healthy" competition between businesses and organizations.

The goal is for each participant to reach 250 minutes of exercise per week for a total of 1,000 minutes of exercise over the month! This breaks down to roughly 35 minutes per day. Minutes of activity are logged through a weekly tracking link that is due each Monday.



Challenge Divisions

Small: 5 - 10 employees

Medium: 11 - 20 employees

Large: 21 - 30 employees



**The maximum amount per team is 30 participants.*

**If over 30 employees, create multiple medium or large teams within your business or organization.*

Get Started:

1. Identify a team leader to represent your organization. **Not sure who your team leader is? Contact commit2fit@flint.org.**
2. The team leader will register your business or organization using the registration link below or by calling 810-232-2228. Once registered you will receive more information.
3. Not part of an organization, but want to participate? Register as **"Resident of Genesee County."**

Registration Link: www.surveymonkey.com/r/F4F2024

Challenge Prizes: Individual & Organizational

- Individual prizes are awarded weekly. Team members who reach the weekly goal of 250 minutes per week are put into a drawing for prizes.
- The top 3 organizations with the highest number of minutes of physical activity in each division will win cash prizes to purchase health and wellness supplies for their business or organization.

Questions? Email commit2fit@flint.org or call 810-232-2228.

Prizes Include:

Cash Prizes
Fitness Trackers
Flint Farmers' Market
Gift Cards
& more!

[Sponsorship Form](#)

Mainstreaming Addiction Treatment Act/Medication Access and Training Expansion Act and Corresponding State Modifications

June 21, 2023

To all controlled substance licensees:

Most practitioners are now aware that Congress has passed the Mainstreaming Addiction Treatment (MAT) Act that removed the federal "DATA 2000" or "DATA-Waiver Program," and the Medication Access and Training Expansion (MATE) Act that established a one-time training on substance use disorder for practitioners who prescribe controlled substances when they obtain or renew their Drug Enforcement Administration (DEA) registration. In light of these changes, which are intended to educate practitioners and reduce barriers to obtaining medications for opioid use disorder (OUD) by eliminating burdens on providers who currently prescribe medications and new providers who wish to treat patients with OUD, the Bureau of Professional Licensing (BPL) would like to convey the following corresponding changes at the state level:

- The new DEA one-time 8-hour training requirement is effective June 27, 2023. Effective on this date, or the date on which the DEA requires the 8-hour training in the event the effective date is delayed, and until further notice, a practitioner required to attend a one-time opioid and controlled substances awareness training by the state's Controlled Substances Rules, may use the 8 hours of training that is accepted by the DEA for their controlled substances registration to also meet the state's required one-time training on opioids and other controlled substances awareness.
- In addition, R 338.3163 that limits prescribing, dispensing and administering a controlled substance to an individual with a substance use disorder will not be enforced by BPL until the rule is either modified or rescinded. This rule limited the circumstances under which a practitioner could treat an individual with substance use disorder, as well as the number of individuals that could be treated. All other laws and rules, both federal and state, must still be followed.

For more information about the elimination of the DATA-Waiver Program, and DEA's 8-hour substance disorder training, please refer to the following websites:

<https://www.samhsa.gov/medications-substance-use-disorders/removal-data-waiver-requirement>

https://www.deadiversion.usdoj.gov/pubs/docs/MATE_training.html

! [MATE Training Letter Final.pdf \(usdoj.gov\)](#)

Questions may be sent to : BPLHelp@michigan.gov.

Thank you,

Bureau of Professional Licensing
Licensing Division



DR. LOPEZ NEGRETE'S OBITUARY

LOPEZ NEGRETE MD, Hugo M. of Clarkston; passed away on September 30, 2024 surrounded by his family; age 78. Beloved husband of Donna for 52 years. Loving father of Erica (Michael Smith) Lopez Negrete-Smith, Carlos Lopez Negrete, and Diana (Michael McKeown) Lopez Negrete. Proud grandfather of Alexander Smith, Esperanza Lopez Negrete, and Justin Smith. Dearest brother of Elvira (late Jamie) Lopez Negrete Collantes, Patricia Lopez Negrete, Salvador Lopez Negrete, and Teresa (Jerry) Hemmert. Also survived by many loving nieces, nephews, extended family and friends.

Dr. Lopez Negrete was a dedicated Neurosurgeon in the Flint area for over 40 years. A man of strong faith, Dr. Lopez Negrete enjoyed reading, history, playing golf, cooking, and traveling. One of his most treasured trips was walking the Santiago de Compostela Pilgrimage in Spain with his brother, Salvador. He also loved taking dance classes with his wife Donna, listening to Mexican music from his youth, and long walks with his rescue dogs. Most importantly, Dr. Lopez Negrete loved spending time with family, often cooking wonderful family dinners paired with fine wine, good tequila, and lively conversation.



CONNECT WITH US..

[Genesee County Medical Society \(GCMS\) | Flint MI | Facebook](#)



[Wix | LinkedIn](#)



[WWW.GCMS.ORG](#)

Application Code:

State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable) _____

Job Title: _____

W Phone _____ W Fax _____ H Phone _____ H Fax _____

Mobile: _____ Email Address _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

*Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

*Birth Date: ____ / ____ / ____ Birth Country _____ MI Medical License #: _____ ME #: _____

Medical School _____ Graduation Year: _____ ECFMG # (if applicable) _____

Residency Program _____ Program Completion Year _____

Fellowship Program _____ Program Completion Year _____

Hospital Affiliation _____

• Primary Specialty _____ Board Certified: Yes No

• Secondary Specialty _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes," please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No

If "yes," please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by: _____